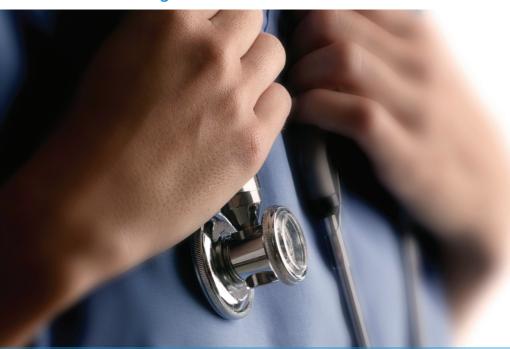




A one-step-referral service for GPs – who can ring **9935 0200** and we will arrange a bed



# GP DIRECT TO HOSPITAL MEDICAL ADMISSIONS

Castlecrag Private Hospital now accepts direct medical admissions from GPs as well as transfers from other hospitals and facilities in the community for patients who require ongoing care.

This same day process allows patients to avoid lengthy waits in emergency rooms. GP to hospital direct admissions are now covered by private health funds.

Patients are managed by a local GP in hospital and there is a multi-disciplinary approach to care - with hospital services including physiotherapy, occupational therapy, social worker, dietitian, atonal and onsite chef. Our Medical Services Unit is an ideal solution for patients who do not wish to spend hours in a hospital emergency ward, or who need acute medical or ongoing post-operative care in a comforting and private environment.

Patients we commonly treat in our Medical Admissions Ward include:

- After surgery care (ie cardiac), general, gynaecological
- Respiratory conditions such as pneumonia, asthma and chronic obstructive pulmonary disease
- · Patients with non-acute cardiac conditions
- Patients with cancer who require sub-acute care
- · Patients who need to be monitored for medication and pain relief
- Patients who are at risk of falls after surgery, or who have had a fall
- Patients who are not suitable for admission include:
   Anyone with chest pain or suspected of a heart attack or other condition which requires intensive workup





# Care you can trust....comfort you can count on

- All 14 beds in the Medical Ward at Castlecrag Private Hospital are single rooms, which
  reduces risk of infection; allows for more private conversations with staff and your family,
  and provides a quieter, more restful patient experience.
- Castlecrag Private also has excellent clinical outcomes and scores significantly higher in patient satisfaction and hand hygiene compared to the national hospital benchmark.
- In all four 2015 hospital audits, Castlecrag Private had a 0% infection rate (Staph Aureus bacteraemia), compared to 2 per cent of patients for the national Australian hospital benchmark.
- Our onsite chef, Richard, can also cater to specific dietary requirements (eg. Kosher, Coeliac, Diabetes or other).



# **About Castlecrag Private**

At Castlecrag Private, high tech medical care might be the backbone of our hospital - but it is our doctors and nurses who are its heart and soul - and our team provides an unwavering commitment to providing the gold standard of medical care.

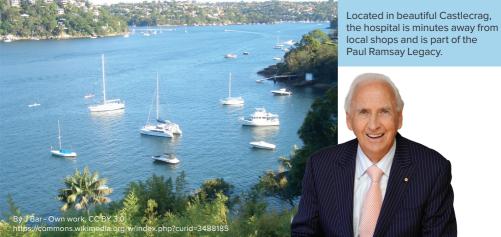
Located on Sydney's Lower North Shore, our hospital provides progressive, personalised and private care in tranquil surroundings - and caters for a range of specialised medical, surgical and cosmetic/plastic surgical services.

Castlecrag Private services thousands of local residents every year, and is part of the Ramsay Health Care group of hospitals.

As a smaller facility, our hospital can offer optimal privacy, comfortable accommodation and highly experienced hospital care; all underpinned by the global savvy of Ramsay Health Care, one of Australia's best-known and respected providers of private hospital health care.

Ramsay now operates 223 hospitals and day surgeries in five countries; treats 3 million patients every year. In 2014 Ramsay Health Care moved into the top five global providers of private hospital health care.

















### Parking

Parking is free in the onsite car park at the hospital and street parking is also available.

## Visiting Hours

Visiting hours are 10am to 8pm, 7 days a week. Members of your immediate family are required to check with nursing staff about visits outside of these hours.

There is a rest period between 1pm and 3pm on the Edinburgh Ward (Ground Floor).

#### Meals

Meals are served at the following times:

Breakfast 7.30am-8am; Lunch 12-12.30pm; Dinner 5.15pm- 5.45pm; Morning and afternoon tea are also provided.

## Telephone

Bedside telephones are available for personal use. Local calls are free.

#### **Television**

Every patient has access to a remote control TV in their room with commercial TV, Foxtel and radio stations.

Wifi Internet access is available - please see reception.

# What you need to bring

- Sleepwear, dressing gown and slippers
- · Loose comfortable clothes to go home in
- Personal toiletries
- Any medications in original packaging you are currently taking and repeat prescriptions
- Any relevant letters from your doctor/s
- Any relevant x-rays and or scans
- Your Medicare/Pension/DVA card/Health Fund card
- Children may like to bring a favourite toy or book

#### Personal Items

It is strongly recommended you do not bring jewellery or large amounts of money to the hospital. The hospital takes every care, but regrettably cannot accept liability for any valuable items brought to the hospital.



# **Pharmacy Services**

Pharmacy services at Castlecrag Private Hospitals are provided by North Shore Private Pharmacy. Deliveries are made twice a day at 10am and 5pm.

Medication reviews are performed weekly by the pharmacist.



### Hospital costs

It is important that you have a full understanding of the costs involved with hospitalisation. Castlecrag Private will complete a health fund check prior to admission. We suggest that you consult your private health fund for full details of benefits and possible gaps prior to admission. Costs for hospitalisation include your accommodation, medications and dressings.

A further account may be issued after surgery from the hospital if:

- Your anticipated length of stay changes
- You need x-rays
- Some pharmacy costs

Castlecrag Private Hospital accepts Eftpos, Visa and MasterCard.

Doctors will bill you separately for their professional services. You may receive accounts from pathologists.

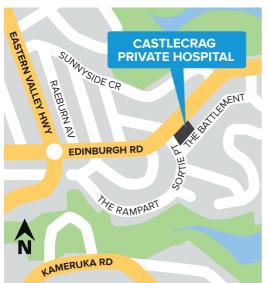
# Going Home

- We are currently implementing Electronic Discharge Summaries at Castlecrag Private, a securely shareable system that sends critical patient information and patient drug information in a timely way to a GP's secure messaging system at time of discharge.
- Discharge time is 10.00 am. Please notify staff if you anticipate any problems arranging this.
- If you are a carer will you need assistance? Will stairs make it difficult for you to manage?
   If you need community nursing post admission we can help arrange this.

# **Getting There**

#### **Driving**

- Castlecrag Private Hospital is situated on Sydney's Lower North Shore and is easily accessible from Warringah Freeway and the Pacific Highway
- You'll find Castlecrag Private only 15 minutes from the city with easy, free onsite parking.



#### **Public Transport**

- If you are coming by public transport, the closest train stations are Chatswood and North Sydney.
- From Chatswood, take Bus route 267 Stand B Orchard Rd – exit stop Edinburgh Rd near Fourth Av and walk 600m.
- From North Sydney station, Blue St Stand C take the 203 bus towards Castlecrag and exit at Edinburgh Rd near Edith St. Walk 60m to 150 Edinburgh Road.



150 Edinburgh Road Castlecrag NSW 2068

Ph: 02 9935 0200